

COUNTY SCHOOL BOARD

OF LOUDOUN COUNTY

LEESBURG, VIRGINIA

O. L. EMERICK, DIVISION SUPERINTENDENT

January 15, 1952

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D. N. MYERS, WATERFORD,
CHAIRMAN

Phys & Health

TO PRINCIPALS:

After checking very carefully all reports from schools I am asking that the following be observed for all elementary schools:

1. Have a 30 minute physical education period directed by the room teacher. Stagger the periods for various rooms as much as possible.
2. Have one 10-15 minute recess. This is a free time and should be supervised but not directed. All of the rooms need not have this at the same time.
3. Allow 30 minutes for lunch period for any particular group. Lunch periods may be staggered.
4. Pupils of grades 1, 2 & 3 may have more frequent recesses or play or rest periods according to the judgement of the teacher.

It is expected that all schools will observe the above plan unless a different arrangement is approved by me.

There seems no particular reason for changing the high school schedules of recesses except the lunch period should not exceed 30 minutes.

Pupils should be supervised by teachers at all times of the school day.

Some schools seem to be doing a thriving retail business. Surely we all agree that this is undesirable. However, I can understand how the need for raising money brought this situation to our schools.

Some suggestions seem to be in order.

1. Your health books, especially the third grade one, teach that candy and ice cream should be eaten only as a dessert after a meal. Should they be sold at any other time, then, except after lunch?
2. No teacher should take time from her classes or assigned room of children to sell commodities or help prepare lunch.

The reports show a profit of \$4005 last year on gross sales of \$18,700. Profit seems to have varied from 10 to 75 per cent.

Very sincerely yours,

O. L. Emerick
O. L. Emerick
Division Superintendent

OLE:nrs

COMMONWEALTH OF VIRGINIA
STATE BOARD OF EDUCATION
Richmond 16,

Supts. Memo No: 2733
March 11, 1952

TO: The Division Superintendents

FROM: R. Claude Graham, Director of Instruction
Harold K. Jack, Supervisor of Health and Physical
Education, Safety and Recreation

SUBJECT: Proceedings of the Conference on Crippled Children

For your information and for use by you and your staff, two copies of the "Proceedings of the Conference on Crippled Children" are enclosed. The Conference was held at the Medical College of Virginia on September 27 and 28, 1951 and was sponsored by the Virginia Council on Health and Medical Care, in cooperation with the Nemours Foundation of Wilmington, Delaware.

Members of the staff of the State Department of Education reported on certain educational aspects of the program affecting crippled children and, in addition, state groups interested in health as well as other state agencies participated and also reported.

It is hoped that this report will be of value to you as a source of information on the scope of the program for crippled children in the state of Virginia.

/lwb
Enclosures 2

Phys Ed.

COMMONWEALTH OF VIRGINIA
STATE BOARD OF EDUCATION
Richmond 16

SUPTS. MEMO. NO. 2749

April 15, 1952

TO: Division Superintendents

FROM: R. Claude Graham, Director of Instruction
Harold K. Jack, Supervisor, Health and Physical Education, Safety, and Recreation

For the past two summers the State Department of Education and the American Red Cross have cooperated in a state-wide "Learn to Swim" program. Again during the coming summer the "Learn to Swim" program will be sponsored on the same basis as in the past. Through the cooperation of schools and local chapters of the American Red Cross it is hoped that swimming instruction and water safety instruction can be provided in those localities where facilities are available for such instruction. Local Red Cross Chapters are interested in supplying leadership and organizing such programs.

A representative of the local Red Cross Chapter will call upon school division officials in order to cooperatively plan the project in your community. Your interest in helping to develop this program will be deeply appreciated.

Enclosed with this communication is a copy of a release issued by the American Red Cross to their local chapters. Also enclosed is a water safety poster for use in the schools. Additional copies of the poster may be obtained from local Red Cross Chapters.

HKJ/en

Enclosures 2

THE AMERICAN NATIONAL RED CROSS

EASTERN AREA

615 NORTH ST. ASAPH STREET
ALEXANDRIA, VIRGINIA

TO: Chairmen, Water Safety
(In Virginia)

DATE: April 17, 1952

FROM: Director, First Aid and
Water Safety Service

SUBJECT: State-wide Learn to
Swim Program

As a result of the coordinated efforts of the Virginia State Department of Education and the American Red Cross, 12,000 children participated in the Learn to Swim Program for Virginia in 1951 with approximately 6,000 receiving certificates. This we feel is a noteworthy accomplishment and displays what can be done to promote water safety and ultimately save lives through this type of education. The Virginia State Department of Education and the Red Cross chapters in the state have reason to be proud of their success in this worth-while project, which is one of the outstanding endeavors of this type in the Eastern Area.

Because we feel the necessity for continuing this project, Dr. Harold K. Jack and I have met to discuss plans for 1952. It is hoped that the results of this year's project will be more successful than those of 1950 and 1951. We feel sure they can be if you will contact your local school superintendent early to make your plans for the summer. Your local superintendent has been informed of our plans by the State Department of Education, and I am sure he will be most willing to cooperate with your chapter.

Attached you will find our National Aquatic School promotional booklet and also aquatic school applications. The aquatic schools present an excellent opportunity for training local leadership in water safety and first aid. In selecting candidates be sure first, they have the prerequisites for enrolling in the school as stated in the aquatic school promotional booklet and second, that the candidates will be returning to assist you in your community Learn to Swim Program.

You will also want to use the other available resources of the chapters and especially follow the suggestions brought out by the learn to swim promotional kit which was issued through Public Information in 1950. Other excellent suggestions may be found in the Water Safety Program Planning for Chapters (ARC 1058) booklet. Adequate field service will be provided for those chapters who request assistance in the promotion of this project.

JAMES J. TATTERSALL
Director
First Aid and
Water Safety Service

Attachment

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041052

YOU CAN HELP *YOURSELF*

even if you are a weak swimmer!

UNSAFE



Don't overload a boat

SAFE



One person per seat

THEN IF THE BOAT SHOULD FILL UP...



Don't overload a boat



One person per seat

THEN IF THE BOAT SHOULD FILL UP--



Sit in the bottom and hand-paddle to safety

WOOD BOATS and METAL ones with GOOD AIR TANKS WON'T SINK!

THE AMERICAN NATIONAL RED CROSS

COMMONWEALTH OF VIRGINIA
STATE DEPARTMENT OF EDUCATION
Richmond 16,

Phys. Ed.

SUPTS.MEMO NO: 2767

April 29, 1952

MEMO TO: High School Principals and Superintendents

FROM: R. Claude Graham, Director of Instruction and
Harold K. Jack, Supervisor of Health and Physical
Education, Safety and Recreation

SUBJECT: VIRGINIA STATE-WIDE SAFETY CONFERENCE

Enclosed is a preliminary copy of the program for the 18th Annual Virginia State-Wide Safety Conference to be held in Richmond, May 15th, 16th and 17th. Special sections are provided for school, home and related safety problems, at which outstanding national leaders in school safety and driver education will have program responsibilities. School personnel who are able to attend will find the sessions interesting and profitable, and it is hoped that particularly those in the vicinity of Richmond will find it possible to attend one or more of the sessions.

/lwb
Enclosure

RABIES!

Rabies has been present in foxes in the county for several months, and finally has appeared in dogs. This makes the situation very serious insofar as human beings are concerned. There is no cure for the disease; once it appears in animals or man death is certain to follow. However, after one is bitten by a rabid animal there is an immunizing treatment which in the great majority of cases will prevent development of the disease.

There are several precautions which must be observed:

Do not make any attempt to approach, pet or assist a strange animal of any kind, particularly a dog.

Stray dogs should be reported immediately to the County Game Warden - Phone Leesburg 12.

A dog which has rabies will appear distinctly abnormal very soon after the disease starts (24 - 48 hours). If the dog has been kind and gentle it may become restless and cross. On the other hand it may be more friendly than before, want to be petted and more closely associated with its master. If the dog has been cross it may become more so or it may be more gentle. Any well marked change in the dog's characteristics should cause one to be cautious as to handling him in any way. As the disease develops the dog may become more quiet, and even stuporous, or may become violent, charging at persons or animals and run away. During the active stage of the disease the muscles of the mouth and throat are paralyzed. The animal's mouth usually hangs open and there is a large amount of saliva so that "drooling" is present. The virus of the disease is present in the saliva in large amounts and one must be very cautious not to come into contact with it. (The virus may be carried into one's body through very small cuts or scratches but this doesn't often take place.) Generally a fairly deep wound must have occurred for the virus to have entered one's body.

In case you are bitten or scratched by a stray animal or one of the home animals, the habits of which have become suspicious, see your doctor at once.

There is danger from foxes, possibly some from skunks and squirrels but by far the most important source of danger is the dog. Watch your own dogs carefully and avoid strange dogs absolutely.